



Anuradha Shroff

Executive Coach
Corporate Facilitator, Trainer
BA(Hons) Psychology/Sociology
Advanced Practitioner in Gestalt Group Dynamics
Action Learning Set Facilitator
Research Committee, Asia Pacific Association of Coaches

Experience: 13 years of corporate facilitation, 3 years of executive coaching
Location: Singapore
Languages: English and Hindi
I lived in: Singapore and UK

Expertise at a glance

I am an executive coach and a corporate facilitator, with more than 10 years of experience working with senior public sector executives and private professionals.

My focus areas are personal development, facilitation in leadership and public policy programmes and coaching of executives who aspire to take the next step in their career and life. I also offer corporate retreats for organisations who want to take a holistic view of well-being as a corporate strategy for employee engagement.

I bring years of facilitation experience and blend it with a deep understanding of complex systems and the psychology of human development. Skilled at facilitating in leadership, strategic and scenario planning workshops, I can adapt the workshop to meet the desired needs of the organisation.

My experience in large workshops, small learning groups facilitation and individual coaching sessions help people to be motivated for themselves and their teams - thus leading to improved performance, team progression and organisational learning.

My Resource Values are Safety, Trust and Respect

Professionally I put my heart into helping people feel seen and heard.

I have seen that holding the space for others and respecting their journeys helps them deepen their learning experience.

Three words that my clients often use to describe me are warm, listens and non-judgemental.